



Metro Atlanta Youth Football League Cheer Explosion '23 Registration Packet

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Divisions: RECREATION - 6U, 8U, 10U, 12U, 14U
When: Sunday, November 5, 2023
Time/Where: TBA

COMPETITION INFORMATION

Cheer Routine Length: The allocated time for each Squad's routine is 2 minutes and 30 seconds.

Cheer Format:

- Music may be used for all or part of the performance.
- A cheer or chant must be included.

The timing will commence from the initial movement or sound of the Squad and conclude with the final movement or sound. Exceeding the time limit will result in a 5-point deduction.

Music: Please bring your music on a flash drive. DJ services will be provided to play your music. A representative from your Squad can remain at the music stations during the performance.

Jump-Off: All Squads may register up to two (2) cheerleaders for the Jump-off competition. **The Jump-off is Pre-Registration ONLY. No changes may be made to Jump-off entries after the final registration date. (\$5/jumper)**

Tumble-off: Each participant will show their BEST RUNNING PASS. All Squads may register up to two (2) cheerleaders for the Tumble-off. **The Tumble-off is Pre-Registration ONLY. No changes may be made to Tumble-off entries after the final registration date. (\$5/tumbler)**

Judges & Score Sheets: A panel of knowledgeable judges will evaluate Squad performance. The Head Judge's score will be used to decide placement in the event of a tie. Score sheets will be available at the announcer's table immediately following your Award Ceremony.

Awards:

- 1st Place - Trophy & Rings
- 2nd Place - Trophy & Medals
- Jump Off & Tumble Off 1st Place Medals



GENERAL RULES & REGULATIONS

General Rules:

- Wearing any form of jewelry is not allowed. This includes earrings, nose rings, tongue rings, belly button rings, necklaces, and pins on uniforms.
- Glitter makeup is permissible, but the use of spray glitter is prohibited.
- Only the following props are permitted: signs, poms, banners, flags, and megaphones.
- Using any device to launch or propel a participant is not allowed.

Tumbling

- Incorporating props into tumbling is prohibited.
- All gymnastics stunts must both initiate and conclude at ground level.
- Tumbling over or under a stunt is not allowed.

Partner Stunts/Pyramids

- Stunts or pyramids must not exceed the height of two individuals.
- When transferring a flyer between stunts, at least one of the original main bases must maintain physical contact with the flyer.
- Cradles executed at prep level or above must involve three (3) catchers. A back spot must be positioned at the head and shoulder area during the cradle.

Basket Tosses

- Tosses should originate from ground level and culminate in a cradle position.
- The top person must be caught in a cradle position by the three original bases, with one base at the top person's head and shoulder region.
- Flipping tosses are not allowed.

Automatic Deductions

- For each instance, a deduction of 5 points will be enforced if a parent spotter assists in any way with a stunt or cradle. An additional spotter may intervene if a stunt is in the process of falling.
- A total deduction of 5 points will be incurred for violating time limits.
- Each general or safety rule violation will result in a deduction of 5 points (per occurrence).
- A total deduction of 5 points will be applied if the athlete(s) step off the performance mat.



SQUAD REGISTRATION FORM

Please include **ONE FORM PER SQUAD**, not per program.

Association _____

Division _____

Coach(es)
(1) _____

(2) _____

(3) _____

Contact Person _____

Phone _____

Email _____
(The registration confirmation will be sent to this email address)

	Entry Fee	# Registered	Amount Due
Squad Fee:	\$150.00		
Jump Off per athlete (2 Max)	\$5.00		
Tumble Off per athlete (Max 2)	\$5.00		
Complimentary admission for three (3) coaches per Squad (extra coaches must purchase spectator tickets).		TOTAL DUE:	

Deadline: Please ensure that all entries and payments are submitted by October 27, 2023. Kindly scan and send all entry information to info@mayflatl.org via Email. Once your registration forms are approved, an invoice for payment will be promptly emailed to you.

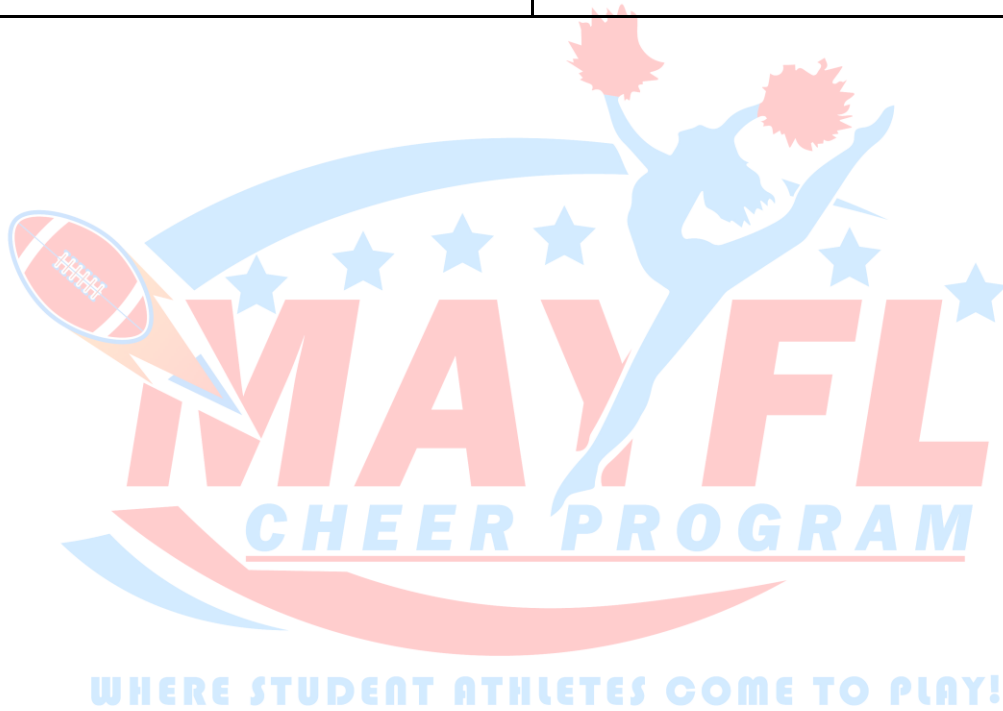


ATHLETE ROSTER

(Please include with Squad registration form)

<u>NAME</u>	<u>AGE</u>	<u>DATE OF BIRTH mm/dd/yyyy</u>

Tumble-Off <i>(please insert name below)</i>	Jump-Off <i>(please insert name below)</i>
1.	1.
2.	2.





RELEASE/WAIVER

(Please include one (1) per athlete, due on competition day at check-in)

_____ <i>Athlete's Name</i>	_____ <i>Squad Name and Division</i>
_____ <i>Parent/Guardian</i>	_____ <i>Participant's Date of Birth</i>
_____ <i>Address</i>	_____ <i>City/State/Zip Code</i>
_____ <i>Phone</i>	_____ <i>Emergency Contact Name/Phone Number</i>
_____ <i>Medical Insurance</i>	_____ <i>Policy Number</i>

List any medications to which the athlete is allergic, any medical conditions, and current medications:

I, the undersigned parent or legal guardian, hereby provide my consent for my daughter/son, named _____ and henceforth referred to as the "athlete," to partake in the Cheer Explosion organized by the Metro Atlanta Youth Football League (MAYFL). To ensure that the athlete can promptly receive essential medical care in case of injury or illness, I absolve the Metro Atlanta Youth Football League (MAYFL) and its representatives from any liability for their responsible exercise of this authority.

WHERE STUDENT ATHLETES COME TO PLAY!

I also recognize, comprehend, and consent that my involvement in this competition has the potential for physical illness or injury, encompassing minimal, severe, or even catastrophic outcomes. I am fully aware that the athlete willingly accepts the inherent risk of injury by participating.

APPEARANCE CLAUSE:

I authorize the utilization of my athlete's picture/image in forthcoming advertisements and literature for the Metro Atlanta Youth Football League (MAYFL) and its sponsored events. Having reviewed the provided Release/Waiver, I hereby affix my signature to signify my acceptance and commitment to adhere to all stipulated terms and conditions.

_____ <i>Parent/Legal Guardian's Signature</i>	_____ <i>Date</i>
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